



18740 Ventura Blvd Suite 205 Tarzana CA 91356  
Phone: 818-774-0300

Your child has been scheduled for an overnight sleep study. Please pay close attention to the instructions below. Failing to do so may result in a cancellation of your appointment.

Overnight Sleep Study: (test time 8-10 hours)

**\*If your child is sick the day before or day of test please call us immediately to reschedule.**

\*Check-in at your scheduled appointment time. Only one parent/guardian is allowed and he/she must stay with the child during the entire test.

- The test will be over at approximately 6:00am
- The child may have regular meals, usual medication, and therapies during the day.
- If your child uses a ventilator, oxygen, suctioning equipment, apnea monitor etc..., please bring it to your appointment.
- Do not allow your child to nap on the day of the study
- Make sure that your child does not wear hairpins, gels, or lotions in their hair.
- Child may bring comfort items such as pajamas, favorite pillow, etc...
- **Call the lab in advance to confirm your appointment.**

\*We will forward your child's sleep study results to CHLA.

If you have any questions please call us at 818-774-0300.